

Senior Expert Corps – a Project of Swisscontact

Promoting entrepreneurship through expertise – Imparting technical skills through volunteer work

The retired professionals of our Senior Expert Corps (SEC) are qualified experts on site. Through their consulting services, they provide hands-on, cost-effective support towards sustainable development of companies and institutions.

SEC Assignment in Nepal, 2016

Assignment No. 2637

Location	Banepa, Nepal
Client	Shree Phulchoky Nursing Campus
Expert	Yoke van Zelst Certified Reflexology Therapist and Health Coach
Period	November 5th - December 1st 2016



Client Profile

The client is the Sheer Phulchoky Nursing Campus in Banepa. They are keen on integrating natural, alternative healing techniques amongst which is reflexotherapy.

Tasks

Teach the basics of foot- and hand reflexology, training staff.

Results

During her one month's stay in Banepa Mrs. van Zelst was able to provide basic reflexology therapy techniques to the training staff. Mrs. van Zelst highly recommends to Shree Phulchoky Nursing Campus as well as to Scheer Memorial Nursing Campus to establish a detailed implementation plan of the integrated basic reflexology techniques. The management is very motivated to implement these techniques and would be glad to welcome Mrs. van Zelst again for a follow-up assignment and to learn advanced reflexology therapy techniques